



# lintongrantaplaygroup

Pre-school and toddler group  
Linton, Cambridgeshire

Title	Intimate Care (previously Nappy Changing)
Code	LGPGPHHNC
Author	Janine Polley, Michelle Miller PLA 2019
Version	9
To be reviewed on	January 2021
Setting Details	Linton Granta Playgroup and Toddlers, The Activity Room Linton Village College, Cambridge Road, Linton, Cambridge, CB21 4JB Tel. 07806 744 864 Email: <a href="mailto:info@lintongrantaplaygroup.org.uk">info@lintongrantaplaygroup.org.uk</a>

## Policy statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained. As well as changing clothing for those not reliably dry, or have a toileting accident.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

## Procedures

- We have two set changing times during the session however do change more frequently where necessary.
- All DBS cleared practitioners change nappies/pull ups/wet clothing
- Babies and young children are changed within sight of other staff whilst maintaining their dignity and privacy at all times.
- Our changing area is warm, with a safe area to lay children.
- Each child has their own bag to hand with their nappies or pull ups and changing wipes.
- Our staff put on gloves and aprons before changing starts and the areas are preparedThe changing mat is cleaned after each use.
- All our staff are familiar with our hygiene procedures and carry these out when changing nappies.Our staff never turn their back on a child or leave them unattended whilst they are on the changing mat.
- We are gentle when changing; we avoid pulling faces and making negative comments about 'nappy contents'.
- We do not make inappropriate comments about children's genitals when changing their nappies.
- In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children.
- We encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- We encourage children to wash their hands, and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- We do not use anti-bacterial hand wash liquid or soap for young children; young skin is quite delicate and anti-bacterial products kill off certain good bacteria that children need to develop their own natural resistance to infection.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- We dispose of nappies and pull ups by double bagging and sending them home as we do not have a appropriate disposal system with in the setting. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are double bagged for parents to take home.
- We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect [and will be a disciplinary matter].

This policy was adopted at a meeting of Linton Granta Playgroup			
Held on			
Date to be reviewed			
Signed on behalf of the Management committee	First signatory	Second Signatory	Approved By
Name of signatory	Amy Jenns		
Role of signatory	Chair		